

Rochester, Minnesota  
The  
**Clash**  
VIII  
National Wrestling Duals

January 3<sup>rd</sup> 2010

Coaches,

It's finally here! Congratulations on getting this far. Now the fun begins. Here are a few last-minute pieces of information for you regarding the next few days.

1. **Parking:** Please note the diagram below. In order to make it easier for coaches and wrestlers to enter the facility, we will be using the southern-most door as a pass gate. This will minimize the time it takes for you and your team to enter the building. Please park your busses in the Southwest lot identified in the picture below as "Team, Media, and Staff Parking".

Here is a view of the south doors that should be used by coaches, wrestlers, and cheerleaders.



2. **Weigh-ins:** The weigh-ins will again be held in the performance court immediately on your left as you enter through the pass gate. There will be a check scale immediately inside the doors. Just as a reminder, you must weigh-in in order (all 103 pounders, then all 112 pounders, and so on). Once you enter the curtained area in the performance court your team is not allowed to leave until your weigh-ins are complete. You will also need to have your team picture taken at this time (in uniform). There will be a photo area in the performance court area. You may take your team picture before or after weigh-ins. Weigh-in times are based on the order your contract was received. You may elect to move to the end of the line if necessary. **All wrestlers will receive a 3 lb allowance on Friday and a 4 lb allowance on Saturday.** That is, a 103 pounder must weigh 106 or less on Friday and 107 or less on Saturday.

As a reminder, here are the weigh-in times:

Weigh in Schedule - Friday, January 8 <sup>th</sup> , 2010						
<u>Team</u>	<u>State</u>	<u>Weigh-in</u>		<u>Team</u>	<u>State</u>	<u>Weigh-in</u>
Blue Springs	MO	7:00AM		Albert Lea	MN	2:00PM
Grand Island	NE	7:00AM		Kasson-Mantorville	MN	2:00PM
Hastings	MN	7:00AM		Owatonna	MN	2:00PM
Plainview Elgin Millville	MN	7:00AM		Simley	MN	2:00PM
Apple Valley	MN	7:15AM		Glenbard North	IL	2:15PM
Baylor	TN	7:15AM		Kaukauna	WI	2:15PM
Ponderosa	CO	7:15AM		Minneota	MN	2:15PM
Sturgis	SD	7:15AM		Waverly-Shellrock	IA	2:15PM
Carl Sandburg	IL	7:30AM		Mt Carmel	IL	2:30PM
Independence	IA	7:30AM		Park Hill	MO	2:30PM
Skutt Catholic	NE	7:30AM		Vacaville	CA	2:30PM
Wausau West	WI	7:30AM		Wisconsin Rapids	WI	2:30PM
Montini Catholic	IL	7:45AM		La Quinta	CA	2:45PM
Oak Grove	MO	7:45AM		Neuqua Valley	IL	2:45PM
Roseburg	OR	7:45AM		Punahou School	HI	2:45PM
Scott West	MN	7:45AM		St. Michael-Albertville	MN	2:45PM

Weigh in Schedule - Saturday, January 9 <sup>th</sup> , 2010			
<u>Team</u>	<u>Weigh-in</u>	<u>Team</u>	<u>Weigh-in</u>
Teams finishing 5th	7:00 AM	Teams finishing 1st	2:00 PM
Teams finishing 6th	7:15 AM	Teams finishing 2nd	2:15 PM
Teams finishing 7th	7:30 AM	Teams finishing 3rd	2:30 PM
Teams finishing 8th	7:45 AM	Teams finishing 4th	2:45 PM

- 3. Skin Checks:** These will be conducted at weigh-ins. Wrestlers will be inspected prior to weighing in as a team. If the skin-check official notes any area of concern, he will send the wrestler to the Dermatologist (MD) for his or her decision. Please make sure that you bring your skin-check forms if you have a wrestler with a visible skin irritation. **The on-site physician will have final determination. There is no appeal process.**
- 4. Coolers:** Due to congestion in previous years, **coolers will not be allowed in the field house.** Coolers may be brought into the building and into the weigh-in area, but they can not be brought into the actual event area (field house).
- 5. Coaches Meals:** Each team is supplied with dog-tags for six coaches. These are your passes to the coaches' meals (breakfast, lunch, and dinner).
- 6. First Aid Supplies:** We will have two trainers and at least one MD on site, but, just as a reminder, it is your responsibility to provide personal first aid supplies (athletic tape, cotton balls, etc) to your team. Basic blood clean-up and antibacterial hand wipes will be available at mat side.
- 7. Opening Ceremonies:** At the start of the morning and afternoon sessions, we will have a brief ceremony to introduce the teams. Please go to your assigned mats at least 20 minutes prior to the start of wrestling (8:40 AM for the morning session and 3:40 PM for the afternoon session). Line your team up on the side of the mat

  - Line up lightest to heaviest with the lightest wrestlers towards the outsides of the mat
  - The team listed on the top of the bracket should be closest to the entrance.

We will introduce each team (en masse). When your team is introduced, they should walk to the center of the mat. When both teams are at the center, instruct your wrestlers to shake hands with whoever happens

to be across from them. They should then return to their side of the mat and stand at attention until all teams are introduced (first wrestlers may warm up) at which time we will have the national anthem.

Here are the first round mat assignments:

<u>Friday, 1/8/2010 - 9 AM Mat Assignments</u>	<u>Friday, 1/8/2010 - 4 PM Mat Assignments</u>
<p><b>Mat 1:</b> Sturgis vs. Scott West  <b>Mat 2:</b> Baylor vs. Grand Island  <b>Mat 3:</b> Carl Sandburg vs. Blue Springs  <b>Mat 4:</b> Apple Valley vs. Independence  <b>Mat 5:</b> Skutt vs. Hastings  <b>Mat 6:</b> Montini vs. Oak Grove  <b>Mat 7:</b> PEM vs. Wausau West  <b>Mat 8:</b> Ponderosa vs. Roseburg</p>	<p><b>Mat 1:</b> Mt Carmel vs. Kaukauna  <b>Mat 2:</b> Minneota vs. Waverly-Shell Rock  <b>Mat 3:</b> Owatonna vs. Glenbard North  <b>Mat 4:</b> Simley vs. Punahou  <b>Mat 5:</b> Neuqua Valley vs. Kasson-Mantorville  <b>Mat 6:</b> Park Hill vs. La Quinta  <b>Mat 7:</b> STMA vs. Vacaville  <b>Mat 8:</b> Albert Lea vs. Wisconsin Rapids</p>

8. **Scholar Athletes:** Out of 47 applications, the following wrestlers were chosen to receive scholar/athlete awards based on their scholastic, civic, and wrestling accomplishments as identified in their applications. All 10 athletes will receive recognition awards. The seniors listed in blue below, will also receive certificates for \$1000 college scholarships (to be redeemed upon acceptance to their university of choice). Awards will be presented between the 2<sup>nd</sup> and 3<sup>rd</sup> duals on Friday.

**Awards at 12:55 PM on January 8<sup>th</sup>**

Full Name	Grade	School	GPA	Record	Score
Rickie Pody	12th	Wausau West	4.0	48-7	4.49
Greg Naschansky	12th	Plainview-Elgin-Millville	3.96	41-9	4.47
Seth Trulen	12th	Wausau West	3.9	26-7	4.33
Kyle Kopplin	12th	Sturgis High School	3.9	37-12	4.26
Andrew Hollins	12th	Omaha Skutt	4.115	38-6	4.14

**Awards at 7:55 PM on January 8<sup>th</sup>**

Full Name	Grade	School	GPA	Record	Score
Jason Cirksena	12th	Kasson-Mantorville	3.71	30-11	5.00
Daniel Meaney	12th	Neuqua Valley High School	4.21	19-1	4.74
Noah Budi	12th	Kaukauna High School	3.617	50-2	4.61
Jake Ballweg	12th	Waverly-Shell Rock HS	4.0	49-3	4.46
Ben Horn	12th	St. Michael-Albertville	3.93	32-19	4.33

**Honorable Mention**

Full Name	Grade	School	GPA	Record	Score
Seth Thomas	11th	Roseburg	4.0	37-5	4.10
Blaine Miller	12th	Plainview-Elgin-Millville	3.18	47-2	3.93
Nate Bruner	12th	Apple Valley High School	3.85	23-17	3.78
Chayse S. Jackson	11th	Roseburg High School	4.0	35-9	3.76
Austin Gabel	11th	Ponderosa Mustangs	3.7	34-3	3.67
Aaron Haley	11th	Plainview-Elgin-Millville	3.96	37-12	3.64
James Mataczynski	12th	Wausau West	3.2	25-3	3.61
Steven Kelly	12th	Ponderosa High School	3.985	37-5	3.60
Garret Garness	11th	Kasson-Mantorville	4.0	37-5	3.89
Alex Cizek	12th	Neuqua Valley	3.29	44-9	3.86

9. **Filming Matches for the Purpose of Scouting:** Please be aware that it is considered an “ethical violation” (i.e. cheating) in Minnesota to film another team’s matches for the purpose of scouting without permission from both coaches. Although this rule may vary from your state’s policies, it will be enforced at this tournament. You may, of course, continue to film your own matches assuming that you do not block traffic or the view of spectators. Per the event contract, there may be film crews from Flowrestling and/or Minnesota Sports Broadcast Network.
10. **Registration Rebate Checks:** You will find a check for \$100 attached to this form if you completed the required pre-tournament registration and submitted at least one scholar/athlete candidate on time. Teams that failed to submit a candidate for the award will receive \$50.
11. **Dog Tags (Passes):** You will find the following in your coaching bag:
- 20 Wrestler tags (blue)
  - 6 Coaching tags (red) – for coaches, trainers, statisticians, and photographers (actual number may vary based on your registration).
  - 2 Cheerleader chaperon passes (if cheerleaders were specified on your registration)
  - Cheerleaders will be allowed in the field house free in uniform only.

Only wrestlers and coaches with tags and cheerleaders in uniform will be allowed in the mat area.

12. **Starting Weight:** We will be drawing the starting weight class at the coaches’ dinner on Thursday evening. Each subsequent round will start at the next higher weight class. For example, if we draw 160, then every team will wrestle in the follow sequence:

**Day 1**

Round 1 ---> 160, 171, 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152  
 Round 2 ---> 171, 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160  
 Round 3 ---> 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171

**Day 2**

Round 4 ---> 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189  
 Round 5 ---> 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215  
 Round 6 ---> 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275

If you have any questions or concerns during the tournament, please feel free to contact me at any time. You can also just catch any of the Clash committee members running around the facility during the tournament in the dark blue “Southeastern Minnesota Wrestling Coalition” logo shirts.

Contact Numbers:

- Steve Patton** – Tournament Chairman (complaints) – (507) 261-5273  
**Al Chihak** – Tournament Director (compliments) - (507) 533-6484  
**Chuck Seifert** – Facilities Director/Practice Schedule Coordinator – (507) 398-3400  
**John Larsen** – Hotel Coordinator – (507) 202-8617  
 If you don’t have a contact at your hotel and have an emergency, call John and he will help you out.  
**Steve Elwood** - Local Travel (bussing) Coordinator (507) 289-5080  
**Kent Harfmann** – Media/Press Coordinator (507) 272-3818  
**Randy Cirksena** - Team recruiting (participation in future years) (507) 254-8752  
**Ryan Thomas** - Weigh-ins (507) 358-8540

Team Hotel Contacts:

- Kahler Grand, Kahler Inn & Suites - Julie Haldeman: (507) 285-2756
- Best Western Soldiers field - Kristine Ihrke: (507) 292-7337
- Double Tree (Radisson) / Hilton - Kevin Ryan (507) 507-529-2445
- Ramada - Terri Penz (507) 289-8866

