



**Clash VII – National High School Duals
Tournament Information
January 2-3, 2009**

December, 2008

Dear Wrestling Coach/Athletic Director,

This letter will be written and distributed just prior to the tournament. It will address all last minute details such as:

Coaches' last minute checklist:

1. Make sure any wrestler with any observable skin condition has the necessary documentation.
2. If you want to utilize the field house for a practice session on Wednesday or Thursday, you must call Chuck and schedule it prior to arriving in Rochester.
3. Plan on bringing your own first-aid supplies (cotton balls, athletic tape, etc).

Additional Topics will include:

- Seeding results
- Practice session updates
- Weigh in times along with any updates on weight allowances
- Parking information
- A reminder to bring your own first aid supplies
- Scholar/Athlete award winners will be announced before the 2nd and 3rd rounds in both sessions.
- Passes and lanyards will be distributed at the coaches' dinner, delivered to your hotel, or given to you when you arrive at the field house.
- **Starting Weight Class:** We will be drawing for a starting weight class at the coaches' banquet on Thursday night January 1st. Each successive round will start at one weight class higher. For **example**, if 160 is drawn, then the sequence would be:

Day 1

Round 1 ---> 160, 171, 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152

Round 2 ---> 171, 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160

Round 3 ---> 189, 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171

Day 2

Round 4 ---> 215, 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189

Round 5 ---> 275, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215

Round 6 ---> 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275

- **Opening Ceremonies** - At the start of the morning and afternoon sessions, we will have a brief ceremony to introduce the teams. Please go to your assigned mats at least 20 minutes prior to the start of wrestling (8:40 AM for the morning session and 3:40 PM for the afternoon session). Line your team up on one side of the mat. We will introduce each team (en masse). When your team is introduced, they should walk to the center of the mat. When both teams are at the center, instruct your wrestlers to shake hands with whoever happens to be across from them. They

should then return to their side of the mat and stand at attention until all teams are introduced (first couple wrestlers can warm up) at which time we will have the national anthem.

Please refer to our website www.ClashMN.org for tournament information and updates. Feel free to call or contact anyone on the Clash committee anytime that you may have a question.

Participating Teams – The following teams are scheduled to participate in this year’s tournament. The teams are listed alphabetically.

Albert Lea	MN	High Point Regional	NJ	Plainview Elgin Millville	MN
Apple Valley	MN	Iowa City-West	IA	Roseburg	OR
Archbishop Moeller	OH	Kasson-Mantorville	MN	Simley	MN
Ballard (Huxley)	IA	Kaukauna	WI	Skutt Catholic	NE
Blue Springs	MO	Kenyon-Wanamingo	MN	St Edward	OH
Brown (Sturgis)	SD	Luxemburg-Casco	WI	St. Michael-Albertville	MN
Christiansburg	VA	Montini Catholic	IL	Vacaville	CA
Collins Hill	GA	Mt Carmel	IL	Wausau West	WI
Don Bosco	IA	Nequa Valley	IL	Waverly-Shellrock	IA
Glenbard North	IL	Perham	MN	Wisconsin Rapids	WI
Hastings	MN	Ponderosa	CO		



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